

# Public Health South Tees

## ASC and Health Scrutiny Panel 23 June 2026

Mark Adams  
Joint Director of Public Health



# Public Health South Tees

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Health Improvement  
Community Development Team  
Business Support Team  
Social Prescribing

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Migrant Health  
THRIVE Partnership  
Changing Futures  
Domestic Abuse  
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Ill Health Prevention  
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Anchor Institutions

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Inclusion Health  
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Consultant in PH (Start Well)

HWB Strategy  
Start Well lead  
CYP Prevention  
Start Well into PH Programmes

**Mark Fishpool**

Programme Director You've Got This

You've Got This  
Sport England Local Delivery Pilot

# Priorities 2026/2027

## Creating Healthy Environments

- Embed whole system prevention and leadership approach (Healthy Weight Declaration)
- Tackling inequalities through targeted school programmes – Eat Well Awards, Tees Valley Active Schools, HAF
- Embed Health Impact Assessments in planning and healthy placemaking principles
- Increase value of green space, and encourage greater community engagement, through Tees Urban Nature Network
- Via You've Got This funding, integrate physical activity into healthcare (secondary care and care settings) and communities
- Build community capacity through robust public health training offer
- Refresh and implement Better Health at Work model
- Ensure the Healthier Advertising Policy is embedded across LA contracts and robust evaluation is carried out to evaluate progress
- Review how the LA currently interacts with Unhealthy Commodity Industries through contracts, grants, and sponsorships and provide a governance framework for decision makers
- Progress work on food procurement through DEFRA LA Food Procurement grant

# Priorities 2026/2027

## Start Well

- Develop a Public Health approach to improve school readiness through strengthened Best Start pathways, high quality parenting & infant feeding support, and early development opportunities
- Develop and roll out an infant feeding strategy in South Tees
- Implement Breastfeeding Boroughs commitments in South Tees
- Deliver targeted health interventions in Newport and Central wards through Thrive at Five partnership
- Develop a Public Health offer to schools that supports whole-school health, strengthens PSHE delivery, and reaches all school-age children
- Design and implement a new Healthy Child Programme delivery model for children aged 11-19
- Develop school health profiles for selected school settings and undertake school health audits

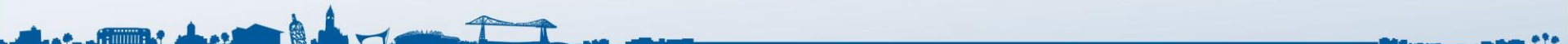
# Priorities 2026/2027

## **Ill-Health Prevention**

- Develop and deliver two-year ill-health prevention plans
- Implement Stop Smoking recommendations and Audit-C for alcohol detection in primary care
- Develop CVD pathway
- Reduce harm through smokefree actions
- Expand social prescribing across the system
- Develop Tees Valley Anchor Network priorities
- Increase cancer screening uptake and reduce inequalities using targeted, personalised approaches

## **Mental Health and Emotional Wellbeing**

- Improve male mental health engagement and early intervention and low-level support access
- Develop universal wellbeing pathway
- Deliver suicide prevention strategy actions and dementia focused work
- Implement targeted interventions in primary and secondary settings to improve attendance through supporting resilience in pupils.



# Priorities 2026/2027

## Health Protection

- Develop and delivery two-year health protection plan
- Strengthen preparedness for infectious disease outbreaks, pandemics and extreme weather
- Reduce harm through TB screening and asylum seeker support and infection prevention in care settings
- Develop and launch a multi-agency, evidence based South Tees Sexual Health Strategy to reduce STI's, unintended pregnancy and reduce inequalities
- Deliver targeted action on HIV and syphilis
- Lead the Tees Valley Local Immunisation Steering Group to improve uptake of all vaccination programmes (maternal, childhood, teenage, seasonal, and older adults).
- Explore working with educational settings to increase awareness of air quality
- Create and implement an annual workforce development plan to build health protection capacity across wider council, communities and key partners

# Priorities 2026/2027

## **Vulnerable People / Health Inclusion**

- Reduce drug/alcohol related deaths
- Reduce harm caused through gambling
- Increase number of people offered detox/rehab
- Increase the number of young people accessing treatment who need support
- Embed lived experience within service design and commissioning during 2026/27.
- Increase numbers in treatment as well as quality of delivery across all service areas – DATRIG ambitions
- Strengthen collaboration across organisations to improve integration and support long-term system sustainability.

# Current Projects

## Creating Healthy Environments

- Tees Urban Nature Network
- Active Hospitals and Care Settings
- Eatwell Awards – EY and Schools
- Tees Valley Active Schools
- Better Health at Work review
- Development of Community Food Skills & Healthier Weight Capacity Building Model
- Implementation of Health Scrutiny recommendations
- Further development of the Homeless Football project incl. EOI to host the Homeless World Cup in 2030

# Current Projects

## Health Protection

- Development of Sexual Health Strategy
- Lead forward South Tees Teenage Pregnancy Partnership with the key aim to reduce teenage pregnancy rates
- Third trimester screening pilot for syphilis in pregnancy
- HIV care pathway work to develop a plan to increase testing, people into treatment and reduce stigma
- Sexual health prevention pilot projects – universal free condoms and HIV Prevention and support
- Implement a new targeted approach to reduce harm caused by second hand smoke
- NENC ICB funded immunisation project for maternal, childhood and teenagers

# Current Projects

## III-Health Prevention

- Implementation of Smoke Free Strategy targeting underrepresented groups, early identification of harmful drinking and integrating physical activity in secondary care
- Increase uptake of cancer screening targeting inequalities through Health Inequalities Care Navigator
- Improve uptake of prevention services through proactive case finding of at-risk groups
- Reduce premature morbidity and mortality for CVD prevention by preventing, detecting and managing risk factors through development of CVD prevention plan for South Tees
- Work with core20plus5 communities to understand barriers to preventative healthcare through HNA Inclusion health

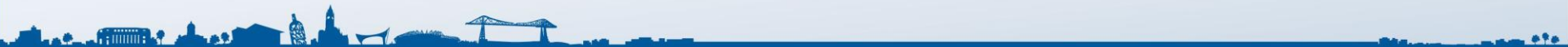
# Current Projects

## **Start Well**

- Breastfeeding Boroughs
- Development of 11+ HCP offer
- Fluoride Varnish Programme in schools
- Healthstart / schools PH approach offer
- Young People's Health Researcher Initiative

## **Mental Health and Emotional Wellbeing**

- Development of Age Well strategy
- Suicide Prevention training to Nursing students and ASC
- Suicide postvention pathway review
- Targeted Attendance Secondary School Pilot – schools
- Dementia awareness e-learning training



# Current Projects

## **Vulnerable People / Inclusion Health**

- Park House development for service delivery/relocation
- Cromwell House 'prehab' pilot (under review)
- Night Clinic for people involved in sex work - review ongoing sustainability
- Stigma programme
- Inclusive Recovery City status
- South Tees Recovery service development to commence 2026
- Development of a local detox bed-space within JCUH, due to be operational in July 2026.
- Co-producing Gambling Harms resources with stakeholders and people with lived experience.
- Preventing Drug related Deaths Pilot for overdose alert device
- Text drug alert system- due to begin in 26/27



# Challenges

## **Vulnerable People / Health Inclusion**

- DATRIG funding reduction
- Capacity and infrastructure challenges and availability of suitable delivery space
- The rising cost of out-of-area inpatient detox placements
- Delivering sustainable growth within accommodation-based support
- No comprehensive local support provision for reducing gambling harms

## **Creating Healthy Environments Programme**

- YGT funding until March 2028
- HIA still to be approved in Local Plan
- Lack of senior level engagement in relation to implementing the HWD recommendations
- Increasing obesity rates in both adults and children
- Unhealthy Commodity Industries activity makes prevention harder and challenges efforts to improve population health and reduce inequalities.



# Challenges

## III Health Prevention

- Integrating our work into neighbourhood health agenda
- Changes, staff reductions in ICB and other organisations
- Short term funding for services/interventions
- Increase costs for HHC

## Health Protection

- Ongoing issues with Sexual Health data management/compliance
- Teenage immunisation uptake remains low
- Immunisation and screening information - health literacy and language barriers
- Higher than national rates for teenage pregnancy
- Persistently high burden of STI's
- Falling chlamydia testing and detection rate



# Challenges

## **Start Well**

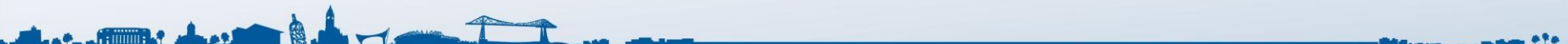
- Resolving data compliance issues with Healthy Child Programme provider
- Balancing population demands for 11-19 service – supporting the most vulnerable vs universal provision

## **Mental Health and Emotional Wellbeing Programme**

- Capacity in HeadStart
- ICB changes impacting on system capacity and funding reductions

# Corporate Performance Measures

<p><b>People live healthier lives for longer and health inequalities are reduced.(MA)</b></p>	<p>People will have access to healthy food as well as safe and tidy streets and green spaces.</p>	<p>Proportion of schools engaged in Eat Well Schools Programme (%)</p>
		<p>Proportion of Year 6 children classified as obese (%)</p>
	<p>Preventable illness and premature death will be reduced</p>	<p>Proportion of successful quits in the stop smoking service (%)</p>
		<p>Adult smoking prevalence (%)</p>
		<p>Attendances at Everyone Active leisure centres (No.)</p>
		<p>Adults who are physically inactive</p>
	<p>Health outcomes for those with multiple vulnerabilities will improve.</p>	<p>Proportion of clients in substance misuse treatment services that are showing substantial progress (%)</p>



# Questions?

